

Required Pre-Operative Documents

All Pre-Op Documents must be received at a minimum of 3 days prior to the scheduled surgery date

5 Parts

PHYSICIAN ORDERS	DETAILED H&P	LABS	CARDIAC/MEDICAL CLEARANCE	EKG
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DETAILED H&P – MAY BE COMPLETED WITHIN 30 DAYS OF THE SURGERY DATE.

If not completed ahead of time, the surgeon can do it at Rox the day of the surgery. If completed ahead of time, an updated medical record entry must be completed noting any changes from then to now.

MEDICAL CLEARANCE – MUST BE WITHIN 2 MONTHS OF THE SURGERY DATE.

Medical clearance is required for any patient with the following health history:

- Patients that are actively seeing a specialist
 - Pulmonologist, Endocrinologist, Hematologist, Cardiologist, Neurologist, Nephrologist, etc.
 - Please send any workups or special studies the patient had with a specialist
- Renal/Kidney disease -> requires Nephrology clearance
- Emphysema/COPD -> requires Pulmonology clearance
- Any patient with a history of multiple medical problems:
 - HTN, Stroke (TIA or CVA), Seizure, DM, Liver Disorder, Sleep Apnea, Blood Disorders, or BMI >38

CARDIAC CLEARANCE – MUST BE WITHIN 2 MONTHS OF THE SURGERY DATE.

Any patient with CURRENT or PAST cardiac history MUST HAVE CARDIAC CLEARANCE AND EKG. EKG's if preformed are acceptable up to **30 days pre-operatively**. Cardiac clearance is required for any patient with the following health history:

- History of Chest Pain/Angina, MI, CHF, Valvular/Congenital Heart Disease, any sort of Arrhythmia, A-Fib, Abnormal EKG, Pacemaker, history of treatment with a Cardiologist for any reason

LABS – MUST BE WITHIN 30 DAYS OF THE SURGERY DATE

All pre-operative lab work for each surgical patient is individualized according to the patient's condition, surgical procedure, and physicians' preference. These include but are not limited to:

- CBC, UA, PT, PTT, Electrolytes

AGE > OR = TO 60 REQUIRED LABS – MUST BE WITHIN 6 MONTHS OF THE SURGERY DATE.

- EKG
 - If abnormal -> Cardiac Clearance and Anesthesia approval are required

BMI REQUIREMENTS – ACCEPTABLE BMI UP TO 35

- BMI of 36-49, additional **Anesthesia Approval** is required
- BMI of 50 or greater will be referred to the hospital as they are not suitable candidates for outpatient surgical procedures

Additional Pre-Operative Information

- All Pre-Op Documents must be received at **a minimum of 3 days** prior to the surgery date
 - If any Pre-Op Documents are missing from the patient chart without prior communication from the surgeon's office, we will kindly reach out to reschedule the case.
- Surgeons are required to sign off on every page of the Pre-Op Documents acknowledging that they have reviewed the results
- Patients on blood thinners should stop their blood thinners according to the surgeon request.
 - For these patients, labs are required to include CBC, INR, Pt, and PTT
- Instruct patients to **discontinue semaglutides 7 days prior to surgery**
- Please inform patients that **all herbal supplements should be stopped at a minimum of 5 days** prior to surgery
- **No family members** are permitted to accompany patients to Pre-Op/OR/PACU at this time
- If you have any questions regarding whether a patient may require additional pre-op documents, clearance, or anesthesia approval, please contact us via phone or email to prevent cases from being rescheduled.
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 - Email: rscnbor1@roxurgerynb.com